

BALLET FOR MARTHA MAKING APPALACHIAN SPRING ORBIS

ballet for martha making appalachian spring orbis is a captivating blend of dance, music, and visual artistry that celebrates American heritage through the lens of Martha Graham's iconic choreography and Aaron Copland's memorable score. This masterpiece stands as a testament to the power of ballet to tell compelling stories rooted in cultural identity, rural life, and the pioneering spirit of early 20th-century America. In this comprehensive article, we explore the origins, significance, choreography, musical composition, and ongoing legacy of "Appalachian Spring," highlighting how Martha Graham's visionary approach transformed ballet into a profound narrative art form.

Introduction to Appalachian Spring and Martha Graham

The Creation of Appalachian Spring

"Appalachian Spring" was originally conceived as a ballet score by composer Aaron Copland in 1944, commissioned by the choreographer Martha Graham for a performance at the Library of Congress. Martha Graham, renowned for her innovative and emotionally intense dance techniques, collaborated closely with

Copland to craft a piece that embodied the spirit of rural America during the early 19th century. The ballet was first performed in 1944 and quickly garnered acclaim for its evocative storytelling and American themes. It was later adapted into a Pulitzer Prize-winning orchestral suite, which further cemented its place in American cultural history.

Who Was Martha Graham?

Martha Graham (1894–1991) was a pioneering American dancer and choreographer credited with revolutionizing modern dance. Her distinctive movement style emphasized grounded, angular movements and expressive, psychologically driven narratives. Graham's innovative approach challenged traditional ballet norms, integrating emotional depth and storytelling as core elements of her choreography. Her collaboration with Aaron Copland on "Appalachian Spring" marked a significant milestone in her career, showcasing her ability to craft dance works that resonate deeply with American identity and values.

Understanding Appalachian Spring: Themes and Significance

Historical and Cultural Context

"Appalachian Spring" is set during the early 19th century in rural Pennsylvania, capturing the essence of frontier life, community, and hope. The ballet's themes reflect the pioneering spirit, resilience, and optimism of American settlers. The work embodies the ideals of simplicity, faith, and renewal, serving as a celebration of American rural life during a time of national upheaval—World War II.

Major Themes Explored

- Community and Togetherness: The dance emphasizes collective effort and social bonds among early American settlers. - Hope and Renewal: The choreography and music evoke a sense of optimism and faith in the future. - Simplicity and Authenticity: The work highlights the beauty of rural life, emphasizing honesty and humility.

Choreography and Artistic Elements of Appalachian Spring

Martha Graham's Choreographic Style

Graham's choreography for "Appalachian Spring" is characterized by: - Grounded Movements: Emphasis on movements rooted in the earth, symbolizing stability and connection to land. - Angular and Geometric Shapes: Use of sharp angles and clean lines to express emotion and narrative. - Expressive Gesture: Movements designed to evoke specific feelings and storytelling elements. - Dynamic Contrasts: Alternating between stillness and vigorous motion to heighten emotional impact.

Key Characters and Roles

The ballet features several central characters, each embodying aspects of the American pioneer experience: - The Young Couple: Representing hope and new beginnings. - The Elder: Symbolizing wisdom and stability. - The Neighbors and Community: Illustrating collective spirit.

Choreography Highlights

- The opening scene features gentle, flowing movements depicting rural life. - The "Reapers" sections include sharp, energetic gestures reflecting labor and effort. - The finale conveys a sense of uplift and optimism through expansive, sweeping motions.

Musical Composition: Aaron Copland's Score

Characteristics of the Music

Aaron Copland's score for "Appalachian Spring" is renowned for: - American Folk Influences: Use of simple, memorable melodies rooted in folk traditions. - Open, Spacious Harmonies: Creating a sense of vastness and freedom. - Minimalist and Repetitive Patterns: Enhancing hypnotic and meditative qualities. - Expressive Dynamics: From quiet, introspective passages to powerful climaxes.

Orchestral Suite and Its Significance

In 1945, Copland adapted the ballet into a suite for orchestra, which became one of his most popular works. The suite distills the essence of the ballet into a symphonic form, allowing wider audiences to experience its emotional and cultural depth.

The Legacy and Impact of Appalachian Spring

Influence on Modern Ballet and American Arts

"Appalachian Spring" is considered a cornerstone of American ballet and modern dance, blending storytelling with innovative choreography. It has inspired countless choreographers and dancers to explore themes of American identity through dance. Key points of its influence include: 1. Pioneering integration of American themes into ballet. 2. Demonstrating how dance can serve as social and cultural commentary. 3. Inspiring the development of distinctly American dance vocabularies.

Recognition and Cultural Significance

- Winner of the Pulitzer Prize for Music (Aaron Copland, 1945). - Recognized as a National Treasure by the National Endowment for the Arts. - Frequently performed by ballet companies worldwide, maintaining its relevance and popularity.

Modern Interpretations and Performances

Contemporary Choreography

Modern choreographers continue to reinterpret "Appalachian Spring," emphasizing different aspects of American history and identity. Some focus on the original themes, while others explore new narratives inspired by the work's emotional core.

Digital and Multimedia Adaptations

With technological advances, "Appalachian Spring" has been adapted into digital performances, interactive media, and educational tools, making it accessible to new generations of audiences.

How to Experience Appalachian Spring Today

Attending Live Performances

Many ballet companies and modern dance ensembles regularly include "Appalachian Spring" in their repertoire. Attending a live performance provides an immersive experience of the choreography, music, and visual artistry.

Listening to the Music

The orchestral suite remains a staple in classical music programming. Listening to it allows audiences to appreciate the musical landscape that complements the dance.

Educational Resources and Workshops

Numerous online platforms and dance institutions offer workshops, masterclasses, and educational materials centered around "Appalachian Spring," fostering a deeper understanding of its artistic and cultural significance.

Conclusion: The Enduring Power of Appalachian Spring

"Appalachian Spring," through Martha Graham's visionary choreography and Aaron Copland's evocative score, continues to embody the spirit of American resilience, hope, and community. Its innovative blend of dance, music, and storytelling has cemented its place as a cultural icon, inspiring generations of artists and audiences alike. Whether experienced through live performance, recordings, or educational programs, "Appalachian Spring" remains a powerful testament to the transformative power of ballet and the enduring values of American heritage. Key Takeaways: -

"Appalachian Spring" is a seminal American ballet, created through the collaboration of Martha Graham and Aaron Copland. - The work celebrates themes of community, hope, and rural life, set against the backdrop of early American frontier history. - Its choreography emphasizes grounded, expressive movements that tell a compelling story. - The musical score is characterized by folk-inspired melodies and open harmonies, enhancing the emotional impact. - The ballet's legacy continues through performances, educational initiatives, and cultural recognition, highlighting its importance in American arts. By understanding the rich context and artistic elements of "Appalachian Spring," audiences can gain a deeper appreciation for its role in shaping American cultural identity and its lasting influence on the world of ballet and beyond.

Ballet for Martha Making Appalachian Spring Orbis: An In-Depth Exploration of Artistic Innovation and Cultural Heritage

Introduction

Ballet for Martha making Appalachian Spring Orbis encapsulates a fascinating intersection of American cultural history, choreography

mastery, and innovative artistic collaboration. This phrase, while seemingly dense, reflects a rich tapestry of artistic endeavors that have shaped the landscape of modern dance and ballet, especially in relation to the iconic work *Appalachian Spring* by Martha Graham. Understanding this phrase involves delving into the origins of Martha Graham's choreography, the significance of *Appalachian Spring*, and the contemporary efforts—such as the *Orbis* project—that aim to reinterpret, preserve, and innovate upon this classic masterpiece.

The Roots of Martha Graham's Artistic Vision

Martha Graham: A Pioneer of Modern Dance

Martha Graham (1894–1991) revolutionized dance in the 20th century with her unique approach to movement and storytelling. Unlike traditional ballet, which often emphasized technical precision and aesthetic perfection, Graham's style prioritized emotional expression, psychological depth, and societal themes. Her technique—sometimes called "Graham Technique"—focused on contraction and release, dynamic movement patterns that conveyed intense human emotion.

The Formation of a Cultural Icon

Graham's influence extended beyond dance studios; she became a cultural icon whose works reflected American identity, struggles, and aspirations. Her choreography often drew inspiration from American history, folk traditions, and themes of resilience and perseverance. This foundation set the stage for her most renowned work:

1. *Appalachian Spring*, choreographed in 1944, with music by Aaron Copland, which became a symbol of American optimism and rural life.

The Creation and Significance of *Appalachian Spring*

Origins and Composition

Appalachian Spring was commissioned by the Elizabeth Sprague Coolidge Foundation for the Ballet Society (later the New York City Ballet). Martha Graham created the choreography, which was set to Aaron Copland's iconic score. Initially conceived as a short suite, the work expanded into a full-length ballet that captures the spirit of rural America during the early 20th century.

Thematic Elements and Artistic Impact

The ballet portrays a young couple in a pioneer setting, celebrating themes of community, hope, and renewal. Its significance lies not only in its artistic innovation but also in its cultural resonance:

1. It incorporates American folk motifs and themes.
2. It exemplifies the "Americanist" movement in arts, emphasizing national identity.
3. The choreography's emotional depth resonates with audiences seeking authentic expressions of American life.

Technical Aspects

Graham's choreography employs her signature contraction and release technique, combined with angular movements and grounded stances, creating a sense of realism and emotional immediacy. The ensemble work emphasizes community and collective storytelling, making it a cornerstone of American ballet.

The Orbis Initiative: Reinterpreting and Preserving Appalachian Spring

What is Orbis?

Orbis is a contemporary arts organization and digital platform dedicated to the preservation, reinterpretation, and dissemination of classic ballets and modern dance works. It aims to bridge the gap between historical masterpieces and contemporary audiences

through innovative approaches such as virtual reality, interactive media, and collaborative reinterpretations.

The Mission and Vision

Orbis endeavors to:

1. Preserve the integrity of seminal works like Appalachian Spring.
2. Foster creative reinterpretations that resonate with modern audiences.
3. Use technology to make dance more accessible globally.
4. Celebrate the cultural significance of American dance heritage.

How Orbis Engages with Appalachian Spring

Through a combination of archival research, digital reconstruction, and collaborative choreography, Orbis seeks to:

1. Create immersive experiences allowing viewers to explore the ballet's original staging.
2. Collaborate with contemporary choreographers to produce new versions that honor Graham's vision while adding fresh perspectives.
3. Incorporate multimedia elements—such as interviews, historical footage, and interactive timelines—to deepen understanding.

Technical Aspects of Reinterpreting Appalachian Spring

Digital Reconstruction and Virtual Reality

One of Orbis's key approaches involves digital reconstruction:

1. 3D Modeling: Using high-resolution scans of original costumes, sets, and stage environments to recreate historical performances.
2. Virtual Reality (VR): Developing immersive VR experiences where users can "attend" a reconstructed performance or explore the choreography up close.

3. Augmented Reality (AR): Enhancing live performances with AR overlays that provide contextual information about the choreography, costumes, and historical background.

Collaborative Choreography

Orbis collaborates with contemporary choreographers to produce reinterpretations that respect Graham's original intent but explore new themes and movements:

1. Choreographic Residue: Maintaining core motifs and gestures from Graham's original work.
2. Innovative Narratives: Infusing new stories or modern social themes to reflect current issues.
3. Diverse Perspectives: Engaging artists from varied backgrounds to bring fresh interpretations.

Preservation and Accessibility

To ensure Appalachian Spring remains accessible:

1. Archival Databases: Digitized archives of original costumes, set designs, and rehearsal footage.
2. Educational Platforms: Interactive modules for students and dance enthusiasts.
3. Global Outreach: Streaming performances and making resources available worldwide.

The Cultural and Artistic Impact of Appalachian Spring Today

Continuing Relevance

Despite being over 80 years old, Appalachian Spring continues to inspire dancers, choreographers, and audiences worldwide. Its themes of hope, community, and resilience are timeless and adaptable to contemporary contexts.

Influence on Modern Dance and Ballet

Graham's Appalachian Spring influenced generations of dancers and choreographers:

1. Demonstrated how dance can serve as a form of storytelling rooted in cultural identity.
2. Pioneered a movement that embraces emotional authenticity over technical perfection.
3. Inspired reinterpretations across various media, including film, virtual reality, and multimedia performances.

Educational and Cultural Significance

Educational institutions often include Appalachian Spring in their curriculum to teach about American history, dance innovation, and cultural identity. Its enduring legacy underscores the importance of preserving artistic masterpieces while allowing room for reinterpretation and evolution.

Challenges and Future Directions

Preservation vs. Innovation

Balancing the preservation of Graham's original choreography with contemporary reinterpretation poses challenges:

1. Ensuring fidelity to the original while allowing creative freedom.
2. Navigating intellectual property rights and cultural sensitivities.

Technological Integration

While digital platforms like Orbis open new horizons, they also introduce technical challenges:

1. Maintaining high-fidelity reconstructions.
2. Ensuring accessibility across diverse technological infrastructures.
3. Protecting digital assets from deterioration and piracy.

Broader Cultural Impact

The ongoing efforts aim to:

1. Elevate American dance heritage on global stages.
2. Inspire new generations of dancers and choreographers.
3. Foster cross-cultural dialogues through reinterpretations.

Conclusion

Ballet for Martha making Appalachian Spring Orbis symbolizes a dynamic confluence of tradition, innovation, and cultural storytelling. Martha Graham's Appalachian Spring remains a testament to American resilience and artistic ingenuity, continually inspiring reinterpretation and preservation efforts. Initiatives like Orbis exemplify how technology and collaborative artistry can breathe new life into classic works, ensuring that they resonate with contemporary audiences while honoring their historical roots. As dance evolves in the digital age, the legacy of Appalachian Spring and the visionary spirit of Martha Graham continue to shape the future of American ballet and modern dance, bridging past and present in a perpetual dance of cultural renewal.

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Spring Orbis and continue their journey of lifelong learning in the digital age.

Questions & Answers About ballet for martha making appalachian spring orbis

No	Question	Answer
1	What is the significance of Martha in the ballet Appalachian Spring?	Martha is a central character representing the pioneer woman and the strength of the American frontier, embodying themes of resilience and community in Appalachian Spring.
2	How does the 'Orbis' element relate to the ballet Appalachian Spring?	While 'Orbis' typically refers to a globe or circle, in the context of Appalachian Spring, it symbolizes unity and wholeness, reflecting the ballet's themes of harmony and collective spirit.
3	Can the Martha Making app help users learn choreography for Appalachian Spring?	Yes, the Martha Making app offers interactive tutorials and choreography breakdowns to help users learn and practice the ballet's movements.
4	What features does the Martha Making app provide for ballet enthusiasts interested in Appalachian Spring?	The app provides video tutorials, historical context, character analysis, and customizable practice sessions focused on Appalachian Spring.

5	Is Appalachian Spring suitable for beginners interested in ballet?	Yes, Appalachian Spring features accessible choreography suitable for beginners, especially with resources and tutorials available through the Martha Making app.
6	How does the app incorporate the themes of Appalachian Spring into its features?	The app integrates thematic elements through visual storytelling, musical analysis, and guided choreography that emphasize the ballet's themes of community and renewal.
7	What role does Martha play in the narrative of Appalachian Spring?	Martha symbolizes the nurturing spirit of the pioneer woman, representing hope, stability, and the pioneering spirit within the ballet's story.
8	How can users customize their practice of Appalachian Spring using the Martha Making app?	Users can select different difficulty levels, focus on specific sections of the ballet, and set personalized practice goals within the app.
9	Are there any digital resources within the Martha Making app that explore Orbis concepts in ballet?	Yes, the app includes visualizations and explanations of circular motifs and symbolic 'Orbis' themes present in ballet choreography and staging.
10	What makes Appalachian Spring a timeless piece worth learning through an app like Martha Making?	Its universal themes of hope, renewal, and community, combined with iconic choreography, make Appalachian Spring a meaningful and engaging ballet for learners worldwide.

ballet, Martha, Appalachian Spring, Orbis, dance, choreography, American ballet, Martha Graham, dance app, performance

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Digital distribution enhances reach and consistency.

Digital access enables quick consultation during real-world application.

This shift allows readers to engage with Ballet For Martha Making Appalachian Spring Orbis content without the physical constraints traditionally associated with printed materials.

Digital reading makes Ballet For Martha Making Appalachian Spring

Orbis knowledge easier to access by reducing barriers related to location, cost, and physical storage requirements.

The searchable format of Ballet For Martha Making Appalachian Spring Orbis eBooks makes it easier to locate specific information without rereading entire chapters.

Entire libraries can be accessed from a single device.

Methodical study improves mastery.

This environmental benefit aligns with broader digital transformation initiatives.

Ultimately, Ballet For Martha Making Appalachian Spring Orbis eBooks offer an efficient, scalable, and flexible approach to continuous learning.

Clear documentation improves knowledge transfer.

Structured content improves comprehension and long-term retention.

Ballet For Martha Making Appalachian Spring Orbis eBooks encourage self-paced learning, allowing individuals to revisit complex concepts multiple times without pressure or limitation.

Learners often revisit Ballet For Martha Making Appalachian Spring Orbis eBooks as reference materials.

The flexibility of Ballet For Martha Making Appalachian Spring Orbis eBooks allows learners to combine structured study with real-world experimentation.

The digital format of Ballet For Martha Making Appalachian Spring Orbis eBooks supports efficient information delivery without compromising depth or clarity.

Readers value Ballet For Martha Making Appalachian Spring Orbis

eBooks for clarity and organization.

The portability of Ballet For Martha Making Appalachian Spring Orbis eBooks ensures that learning materials are always available regardless of location or time constraints.

Structured content improves comprehension and long-term retention.

Ballet For Martha Making Appalachian Spring Orbis eBooks help bridge the gap between theory and applied knowledge.

They balance innovation with reliability.

Revisions can be deployed without disruption.

Ballet For Martha Making Appalachian Spring Orbis eBooks contribute to sustainable learning practices by reducing paper consumption.

Navigation tools improve efficiency when reviewing specific topics.

Sharing Ballet For Martha Making Appalachian Spring Orbis

Sharing Ballet For Martha Making Appalachian Spring Orbis with others can be a positive way to spread knowledge, encourage learning, and build communities around shared interests. However, responsible and legal sharing is essential to respect copyright laws and support the authors and publishers who create valuable content. Understanding what can and cannot be shared helps prevent legal issues and ensures ethical use of digital materials.

In general, only free, open-access, or public domain versions of Ballet For Martha Making Appalachian Spring Orbis may be shared freely. Public domain works are no longer protected by copyright and can be distributed without restrictions. Many classic texts, government publications, and educational resources fall into this category. Trusted platforms such as public libraries and reputable

digital archives clearly label content that is legally shareable.

For copyrighted or paid editions of Ballet For Martha Making Appalachian Spring Orbis, direct file sharing is usually prohibited. Instead of sending copies, it is best to share official purchase links, publisher pages, or authorized platforms where others can obtain the book legally. Recommending a book through legitimate channels supports content creators and ensures that readers receive accurate and complete versions.

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Ethical considerations when sharing

Beyond legal requirements, ethical considerations play an important role. Sharing unauthorized copies can harm authors and publishers by reducing potential income and discouraging future content creation. Supporting legal distribution ensures that high-quality Ballet For Martha Making Appalachian Spring Orbis materials continue to be produced and updated. Ethical sharing builds trust and sustainability within reading and learning communities.

Finding Reviews

Reading reviews is one of the most effective ways to choose the best edition of Ballet For Martha Making Appalachian Spring Orbis. With many versions, formats, and publishers available, reviews help readers avoid low-quality or poorly formatted editions and focus on content that meets their expectations.

Online bookstores often feature customer reviews and ratings that provide insights into readability, formatting quality, and overall satisfaction. Paying attention to detailed reviews can reveal common issues such as missing pages, poor editing, or compatibility problems with certain devices. Reviews that mention specific strengths or weaknesses are especially useful when selecting a digital version of *Ballet For Martha Making Appalachian Spring Orbis*.

Community-driven platforms such as Goodreads, Reddit, and specialized forums offer additional perspectives. These communities allow readers to discuss content in depth, compare editions, and share personal experiences. Recommendations from experienced readers or subject-matter enthusiasts can be particularly valuable when choosing educational or technical *Ballet For Martha Making Appalachian Spring Orbis* materials.

Professional reviews from blogs, academic journals, or reputable websites can also provide objective evaluations. These reviews often focus on content accuracy, relevance, and usefulness, making them helpful for students and professionals who rely on reliable information.

Evaluating review credibility

Not all reviews carry the same level of reliability. When reading reviews, consider the reviewer's background, level of detail, and consistency with other feedback. Multiple reviews highlighting similar strengths or weaknesses usually indicate a genuine pattern. Avoid relying solely on extreme opinions and instead look for balanced assessments that discuss both pros and cons of the *Ballet For Martha Making Appalachian Spring Orbis* edition.

Using Audiobooks

Audiobooks offer an alternative way to experience *Ballet For Martha*

Making Appalachian Spring Orbis content and are increasingly popular among modern readers. Instead of reading text, users listen to narrated versions, allowing them to engage with content while performing other tasks. Audiobooks are especially useful during commuting, exercising, or completing routine activities.

Platforms such as Audible, Google Audiobooks, Apple Books, and Scribd offer professionally narrated audiobooks of many Ballet For Martha Making Appalachian Spring Orbis titles. These versions often feature high-quality narration, clear pronunciation, and structured pacing that enhances understanding. Some audiobooks also include chapter navigation, bookmarks, and playback speed controls for added convenience.

For public domain works, platforms like LibriVox provide free audiobooks narrated by volunteers. While narration quality may vary, LibriVox remains a valuable resource for accessing classic or open-access versions of Ballet For Martha Making Appalachian Spring Orbis without cost. Listening to samples before committing to a full audiobook can help ensure a comfortable listening experience.

Audiobooks are particularly beneficial for auditory learners or individuals with visual impairments. They also help reduce screen time, making them a healthy alternative for extended content consumption. However, audiobooks may not be ideal for detailed study that requires frequent referencing, highlighting, or visual analysis.

Combining audiobooks with text

Many readers find value in combining audiobooks with digital or printed text. Listening while following along in the text can improve comprehension and retention. Others use audiobooks for initial exposure and then refer to the text version of Ballet For Martha

Making Appalachian Spring Orbis for deeper study. This multi-format approach maximizes flexibility and learning efficiency.

Tracking Progress

Tracking reading progress is a powerful way to stay motivated and organized when engaging with Ballet For Martha Making Appalachian Spring Orbis. Monitoring progress helps readers set goals, manage time effectively, and reflect on what they have learned. Whether reading for leisure, study, or professional development, tracking tools enhance accountability and consistency.

Apps such as Goodreads, StoryGraph, and LibraryThing allow users to log books, track reading status, write reviews, and set annual or monthly reading goals. These platforms also offer personalized recommendations based on reading history, making it easier to discover related Ballet For Martha Making Appalachian Spring Orbis materials.

For readers who prefer a more customized approach, spreadsheets or note-taking apps can serve as effective tracking tools. Creating a simple reading log that includes dates, chapters completed, key notes, and personal reflections helps organize learning and maintain focus. Digital notes can be linked directly to highlighted sections within Ballet For Martha Making Appalachian Spring Orbis for easy reference.

Using tracking for study and research

For academic or professional purposes, tracking progress goes beyond simple completion. Recording insights, questions, and references while reading Ballet For Martha Making Appalachian Spring Orbis creates a structured knowledge base that can be revisited later. This approach supports deeper understanding and

improves long-term retention of information.

Tracking tools also help identify patterns in reading habits, such as preferred formats or optimal reading times. Understanding these patterns allows readers to adjust their routines for better productivity and enjoyment.

Community engagement and motivation

Sharing progress within reading communities can increase motivation and accountability. Many platforms allow users to join reading challenges, discussion groups, or book clubs centered around specific topics or genres. Engaging with others who are also reading Ballet For Martha Making Appalachian Spring Orbis fosters discussion, insight exchange, and a sense of shared purpose.

However, sharing progress should always respect privacy preferences. Users can choose what information to make public and what to keep personal. Balanced participation ensures that tracking remains a supportive tool rather than a source of pressure.

Final thoughts on sharing and managing Ballet For Martha Making Appalachian Spring Orbis

Responsible sharing, informed selection, and effective tracking are key aspects of enjoying Ballet For Martha Making Appalachian Spring Orbis in the digital age. By respecting copyright, relying on trusted reviews, exploring audiobooks, and monitoring reading progress, readers can create a well-rounded and ethical reading experience. These practices not only enhance personal understanding but also contribute to a sustainable and supportive reading ecosystem built around high-quality Ballet For Martha Making Appalachian Spring Orbis content.